

WELCOME TO OUR NEW
monthly newsletter
we're so glad you're here!



We are so excited for the beginning of Spring around the Pacific Northwest and looking forward to warmer days, lots of sunshine and new beginnings at Restore Functional Medicine! We are busy settling into our new space and can't wait to share it with our wonderful patients!

We are excited to announce we will be seeing all in-person appointments starting March 31st, 2025 at our new clinic location:

**3271 N Milwaukee, Suite 201
Boise, Idaho 83704**

Please give us a call if you need directions to our new clinic location. We are in love with our large, comfortable space that allows Restore Functional Medicine to bring on new treatments and service lines that will continue to assist our patients with optimizing their health and wellness! Stay tuned for more services to be announced very soon!

Functional Medicine for Everyone!

Blessings, *Rebekah*

Coeur D'Alene Appointments

Just a friendly reminder to all of our patients in Coeur d'Alene, that our in person visits scheduled April 9th-April 11th will be at Fiore Beauty and Wellness! Rebekah and Amanda are excited to see you there!

Parking will be located on the main parking lot (entry behind the building). Please plan to arrive and check-in 5-10 minutes prior to your appointment inside the front entrance at Fiore. Amanda, our MA, will assist you with check-in and get you ready for your visit!

Fiore's address is located at:
1705 N Government Wy Suite 104, Coeur d'Alene, ID 83814.
We can't wait to see you there!

New Service, InBody Scanning



An InBody scan is a non-invasive body composition analysis that goes beyond just measuring weight, providing a detailed analysis of muscle mass, body fat percentage, and water content, helping our patients better track progress and understand their body composition!

- InBody scans can help identify potential health risks associated with high body fat percentage, such as an increased risk of chronic diseases like diabetes and cardiovascular disease!
- The scan takes just a few minutes, delivering precise, data-driven results.
- InBody scans can benefit all of our patients! Whether you are an athlete hoping to step up your performance or on a weight loss journey, In Body pairs perfectly with health optimization treatment plans, helping better assist patients with health promotion and disease prevention.

InBody is here to help! Inquire with us today to learn more how this wonderful technology can help improve your overall health and goals!

Favorite of the Month!

Stop into our new location and grab some much loved electrolyte supplements from LMNT!

LMNT provides key electrolytes including sodium, potassium and magnesium to provide optimal levels of hydration and electrolyte balance.

Healthy hydration isn't about drinking 8 glasses of water daily, but rather balancing fluid and electrolyte intake to keep your body running smoothly.

Come stock up as this is a patient favorite and must have for everyone!





EXPANDED IV SERVICES

A kind reminder if you are needing to cancel or reschedule your IV. We are excited to be expanding our IV services and our IV menu in our new IV lounge at our Boise clinic! Comfortable chairs and cozy setting and several additional amenities await you for your next IV service! Whether you are looking to boost your performance, decrease your toxic burden or treat an acute illness, we have the support your body needs. Check out our menu and give our office a call for questions or scheduling!

MENU:

Myer's Cocktail

High Dose Vitamin C

Methylene Blue

NAD+

Chelation (for heavy metals, mold, toxic exposure, CAD, etc.)

Migraine Mix

Menstrual Mix

Why Integrative Cancer Care Matters

Integrative cancer care uses supplements, repurposed medications and alternative therapies to improve well-being, synergize chemotherapy and mitigate symptoms associated with cancer treatment. These therapies complement oncology and allow for a holistic approach to cancer care.

Conventional cancer treatment plans prescribed by Oncology often lack additional support, as the role of an oncologist is frequently limited to standardized chemotherapy, radiation and immunotherapy, but may not include what your body needs to support the body's innate ability to fight cancer! That is where we step in!

Certain treatments and modalities such as customized IV therapies, supplements, specific diets and repurposed medications can play a complementary role in treating cancer.

By supporting the immune system and optimizing nutrition, the patient is well supported through treatment and beyond. Many of these treatment modalities are applicable to post cancer treatment patients as well!

Cancer patients should have integrated options! Restore Functional Medicine is here to support YOU with personalized treatment plans to support and treat cancer. If you would like to know more about integrative options, we would love to chat with you!



SEE YOU NEXT MONTH!